### Original Article



# The Stability of Gold Nanoparticles-Prussian Blue Based Sensors for Biosensor Applications in Clinical Diagnosis

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### **Abstract:**

**Objective:** Many medical biosensors have been widely developed for use in clinical diagnosis as point-of-care testing. However, most of them still suffer from inaccurate results, caused by the lack of biosensor stability under variable pH of biofluid samples; such as urine. Hence, the instability of pH variations is one of the key challenges for electrochemical biosensors. In this study, the development of gold nanoparticles-Prussian blue (AuNPs-PB) based screen-printed electrodes were investigated for their performance, in terms of electrochemical stability within various pH solutions.

**Material and Methods:** The AuNPs-PB modified screen-printed gold electrode (SPAuE) was developed and optimized using an electrode-position technique and cyclic voltammetry, respectively. As compared to PB modified SPAuE, the signal response of cyclic voltammograms at AuNPs-PB modified SPAuE was examined in a phosphate buffer solution with different pH values. The electrochemical stability of the modified SPAuE was considered on the invariability of the PB redox current in different pH solutions.

**Results:** The result revealed that stable current signals of PB in different pH solutions of the AuNPs-PB modified SPAuE showed good electrochemical stability, with a relative standard deviation (RSD) of oxidation and reduction peak currents being 1.0% and 1.1%, respectively. The signal stability results exhibited over two and five times when compared to those of the PB modified SPAuE (without gold nanoparticles), which were 2.4% and 5.6% RSD, respectively.

**Conclusion:** The AuNPs-PB modified SPAuE provides a potentially alternative tool for the enhancement of electrochemical stability for use in medical biosensor applications.

Keywords: biosensor, electrochemical stability, gold nanoparticles, pH effect, point-of-care testing

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### Introduction

Biosensors are analytical devices that operate based on their biological receptors being in direct contact with transducers. They have played an important role in medical diagnosis and patient monitoring, for providing quantitative or quasi-quantitative information to indicate a specific disease state or other physiological states in patients. This makes biosensors well suited to be applicable for a variety of diagnostic devices. Especially, electrochemical biosensors, which have gained great attention in the development of a compact analytical device for Point-of-Care testing. 2-4

The challenge in developing an electrochemical biosensor for medical use is the requirement of high stability when testing in human biological fluid samples. Since samples from the human body have variable pH levels; particularly urine samples that have an unstable pH ranging from 4.5 to 7.8<sup>5</sup>, this could result in a decrease in electrochemical stability; leading to inaccurate clinical analysis. To overcome these issues, several studies have focused on the selection of proper materials, which is a crucial point (such as; nanomaterials, inorganic materials, and composite materials) that should be considered for use in the fabrication of electrochemical biosensors.<sup>6,7</sup>

Prussian blue (PB, Fe(III)<sub>4</sub>[Fe(II)(CN)<sub>6</sub>]<sub>3</sub>), a mixed-valence ferric (III) and a hexacyanoferrate (II) compound, is an inorganic material<sup>8</sup>, which has been widely used as an electron-transfer mediator in sensors and biosensors; especially electrochemical biosensors; such as, enzymatic biosensors<sup>9,10</sup> and immunosensors.<sup>7,11</sup> for citrus canker diagnosis. The immunosensor fabrication was based on the sequential electrodeposition of PB. The development of PB-based electrochemical sensors using an electrodeposition technique is an interesting strategy; as it can provide a simple, low cost, and highly reproducible method for the direct deposition of a PB film on an electrode.<sup>12</sup> Nevertheless, the crucial issue of PB-based electrochemical sensors is the instability of PB film deposited on the electrode surface

when using apparently neutral and alkaline pH.<sup>9,13</sup> This results in a reduction in the stability of the electrochemical PB response signals.<sup>14,15</sup> Therefore, an improvement in terms of electrochemical stability is required.

For the most part, PB has been utilized in combination with other materials to enhance its stability <sup>15,16</sup>, and as of recently, gold nanoparticles (AuNPs) have become more of a focus point in biosensors, due to their properties; which include a large, specific surface area with high conductivity. <sup>17</sup> Additionally, the use of AuNPs incorporated PB-based electrochemical biosensors has been reported to enhance the PB redox signals along with the sensitivity of biosensor. <sup>11,18,19</sup> However, the study of electrochemical stability in various pH for a PB in combination with AuNPs has not been investigated.

The use of screen-printing technology for the fabrication of biosensors has considerably increased, with a large number of literature in clinical applications being studied. This technology is likely to be the most economical method for developing a disposable biosensor. This is due to its advantages; such as, low cost, ease of operation, and high reproducibility for biosensor modification.

To the best of our knowledge, this is the first time that the stability of AuNPs-PB modified screen-printed gold electrodes (SPAuEs) has been investigated under different pH buffer solutions. Herein, the purpose of this work was to develop a PB in combination with AuNPs modified on SPAuEs, for the improvement of electrochemical stability in pH variations for use in clinical applications. A AuNPs-PB modified SPAuE was developed by applying electrodeposition. Experimental parameters involved in PB electrodeposition; including, concentrations of K<sub>3</sub>[Fe(CN)<sub>6</sub>] and FeCl<sub>3</sub> as well as a number of scan cycles during the electrochemical behaviors of both PB modified SPAuEs, with and without AuNPs, were characterized. Finally, the electrochemical stability of the AuNPs-PB film modified with

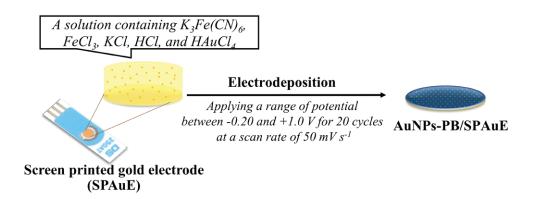
SPAuE in different pH solutions was investigated through PB redox signals obtained from cyclic voltammetry.

### **Material and Methods**

Potassium ferricyanide  $(K_3[Fe(CN)_6], Sigma-Aldrich, Germany)$ , iron (III) chloride  $(FeCl_3, Sigma-Aldrich, Germany)$ , potassium chloride (KCl, Ajax Finechem, USA), hydrochloric acid (HCl, RCl Labscan, Thailand), and Hydrogen tetrachloroaurate(III) hydrate  $(HAuCl_4, Acros Organics^{11}, Belgium)$  were used as received. Sodium dihydrogen phosphate monohydrate  $(NaH_2PO_4 \cdot H_2O)$  and di-sodium hydrogen phosphate dihydrate  $(Na_2HPO_4 \cdot 2 H_2O)$ , substances used to prepare a phosphate buffer, were obtained from Merck, Germany. All aqueous solutions were prepared using a Milli-Q purified water (resistivity  $\geq 18 \ M\Omega \ cm, Millipore)$ .

All electrochemical methods were performed using a potentiostat µAutolab PGSTAT204, with the computer-controlled by NOVA 2.1.4 software. Screen-printed gold electrodes (SPAuEs, DRP-250AT) were from Metrohm, the Netherlands. Scanning electron microscope images were achieved by a Tabletop SEM (TM3030Plus, Hitachi).

Initially, the electrode-position of the PB film on a gold electrode surface was conducted in the same manner as the study of Haji-Hashemi et al., 2018.11 Briefly, the PB film was electrochemically formed by immersing it in an aqueous solution, containing 100 mmol L-1 KCl, 10 mmol L<sup>-1</sup> HCl, K<sub>3</sub>[Fe(CN)<sub>6</sub>], and FeCl<sub>3</sub>, at different concentrations. The cyclic voltammetry was performed with a potential range of -0.20 to +1.0 V, at a scan rate of 50 mV s<sup>-1</sup>. Different concentrations of K<sub>2</sub>[Fe(CN)<sub>2</sub>] and FeCl<sub>3</sub> as well as the number of electrodeposited scan cycles were optimized. As seen in Figure 1, AuNPs-PB film on a SPAuE (AuNPs-PB/ SPAuE) was prepared in a solution containing the optimal concentrations of K<sub>2</sub>[Fe(CN)<sub>2</sub>], and FeCl<sub>3</sub>; 100.0 mmol L-1 KCI, 10.0 mmol L-1 HCI, and 0.50 mmol L-1 HAuCI, (a chemical compound containing AuNPs), using cyclic voltammetric scanning between -0.20 and +1.0 V for 20 cycles, at a scan rate of 50 mV s<sup>-1</sup>. After this step, the AuNPs-PB/SPAuE was rinsed with de-ionized water and dried with nitrogen gas. For comparison, a PB/SPAuE was fabricated using the same methods; but without the addition of HAuCl.



AuNPs-PB=gold-nanoparticles-Prussian blue, SPAuE=screen-printed gold electrode, AuNPs-PB/SPAuE=gold-nanoparticles-Prussian blue modified screen-printed gold electrode

Figure 1 Schematic illustration showing the electrodeposition of the AuNPs-PB film on the SPAuE surface

In the process of PB electrodeposition, two main parameters could affect the PB films properties; i.e., the concentrations of  $K_3[Fe(CN)_6]$  and  $FeCl_3$  that were used to activate the PB films and the scan number of cyclic voltammetry. Both  $K_3[Fe(CN)_6]$  and  $FeCl_3$  at the concentrations of 0.25, 0.50, and 1.0 mmol  $L^{-1}$  were evaluated. Simultaneously, the number of scan cycles at 10, 20, and 30 cycles were also investigated. The PB surface coverage ( $\Gamma$ ) could estimate the electroactive areas of PB cover on the electrode surface via calculation of the following equation:<sup>22</sup>

$$\Gamma = Q/nFA$$
 (1)

Wherein, Q is the charge achieved by the anodic peak of the PB signal; n is the number of electrons transferred in the reaction (n=1), F is Faraday's constant (96,485 C mol $^{-1}$ ), and A is the area of the working electrode (0.126 cm $^{2}$ ). The optimal condition chosen for further study was the one that obtained the maximum current signal of cyclic voltammogram, and the maximum PB electroactive area (the highest values of  $\Gamma$ ).

To evaluate the electrochemical behaviors for the optimization studies and pH effect test, cyclic voltammetry was performed at a scan rate of 50 mV s $^{-1}$ . All measurements were carried out in a 100 mmol L $^{-1}$  phosphate buffer solution (PBS) containing 50 mmol L $^{-1}$  KCl, as a supporting electrolyte.

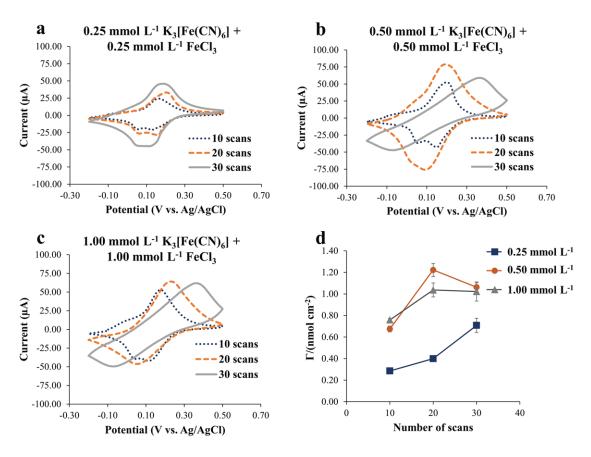
To investigate the electrochemical stability in pH effect, phosphate buffers used as physiological fluids in the human body; especially, those being the most dominant urinary buffer<sup>23,24</sup>, were prepared by adjusting the pH to 5.80, 6.30, 6.80, 7.00, 7.40, and 8.0 by adding 50 mmol L<sup>-1</sup> KCI. The resulting oxidation and reduction peak current signals of PB at the 10<sup>th</sup> cyclic voltammogram, which provided stable PB signals for each pH condition, were considered.

### Results

The concentrations of  $K_3[Fe(CN)_6]$ ,  $FeCl_3$  and the number of electrodeposited scan cycles were further studied. After PB electrodeposition, the obtained cyclic voltammograms showed the redox peak currents of PB; as seen in Figure 2. At 0.25 mmol  $L^{-1}$   $K_3[Fe(CN)_6]$  and 0.25 mmol  $L^{-1}$   $FeCl_3$ , the current response was higher when increasing the number of scans (Figure 2a). Cyclic voltammograms at the conditions of 0.50 mmol  $L^{-1}$  and 1.0 mmol  $L^{-1}$  of both  $K_3[Fe(CN)_6]$  and  $FeCl_3$  showed similar PB signals, for which the maximum current response was found at 20 scans. At 10 scans, the current signal had the lowest response; whereas, it can be observed that a decrease in current response and wide displacement between the oxidation and reduction peak potentials occurred at 30 scans (Figure 2b and 2c, respectively).

In Figure 2d, the three different concentrations; with varying scan numbers for PB electrode-position, were plotted and compared by the calculation of the PB surface coverage ( $\Gamma$ ).  $\Gamma$  of 10, 20, and 30 scans at 0.25 mmol L<sup>-1</sup> were calculated to be 0.29, 0.40, and 0.71 nmol cm<sup>-2</sup>, respectively. The  $\Gamma$  value is likely to increase gradually when increasing the number of scans.  $\Gamma$  values at 10, 20, and 30 scans were 0.67, 1.22, and 1.06 nmol cm<sup>-2</sup> for 0.50 mmol L<sup>-1</sup> and 0.79, 1.04, and 1.02 nmol cm<sup>-2</sup> for 1.00 mmol L<sup>-1</sup>. It was observed that the greatest  $\Gamma$  values were found at the concentration of 0.50 mmol L<sup>-1</sup>, and the number of electrodeposition scans at 20 cycles. Therefore, this optimal condition was chosen for the fabrication of the AuNPs-PB/SPAuE in addition to the PB/SPAuE.

The surface morphologies of the PB film (Figure 3a) and the AuNPs-PB film (Figure 3b) modified on SPAuE were investigated using SEM. The PB film showed small sphere-like particles homogeneously dispersed on the SPAuE surface; whereas, the AuNPs-PB film was rough and exhibited many nanoparticles embedded within the PB film.

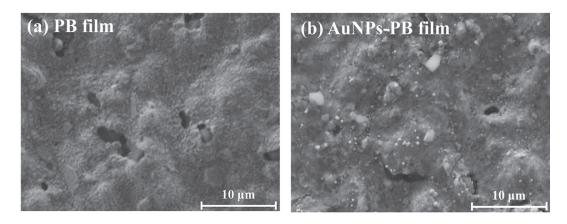


 $PB = Prussian \ blue, \ PBS = phosphate \ buffer \ solution, \ KCl = potassium \ chloride, \ K_{\underline{a}} [Fe(CN)_{\underline{a}}] = potassium \ ferricyanide, \ FeCl_{\underline{a}} = iron \ (III) \ chloride$ 

Figure 2 Cyclic voltammograms of the PB modified gold electrode in 100 mmol L<sup>-1</sup> PBS (pH 7.0), containing 50.0 mmol L<sup>-1</sup> KCl, when varying the number of scan cycles during the PB electrodeposition process; at different concentrations of K<sub>3</sub>[Fe(CN)<sub>6</sub>] and FeCl<sub>3</sub>; (a) 0.25 mmol L<sup>-1</sup>, (b) 0.50 mmol L<sup>-1</sup>, and (c) 1.0 mmol L<sup>-1</sup>. (d) The plot of surface coverages when varying concentrations of K<sub>3</sub>[Fe(CN)<sub>6</sub>] and FeCl<sub>3</sub> versus the number of scan cycles.

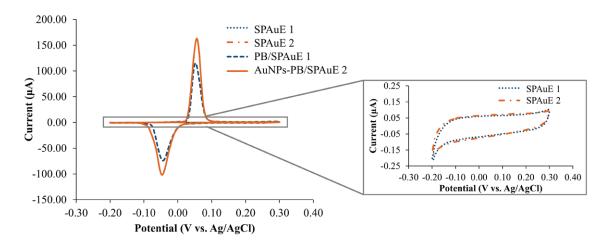
The PB film, with and without AuNPs, were electrochemically characterized using cyclic voltammetry; as shown in Figure 4. Before modification, cyclic voltammograms of SPAuE 1 and SPAuE 2 showed no obvious redox peaks (Figure 4, inset). The redox peaks obviously occurred when coating the PB film (PB/SPAuE 1) and the AuNPs-PB film (AuNPs-PB/SPAuE 2). The AuNPs-PB/SPAuE 2 showed a higher current signal than that of the PB/SPAuE.

Moreover, the oxidation (anodic) and the reduction (cathodic) peaks of both PB/SPAuE and AuNPs-PB/SPAuE were observed in the same potentials; at 0.058 V and -0.042 V, respectively. The difference between the oxidation and reduction peak potentials (peak-to-peak separation,  $\Delta Ep)$  were calculated to be 100 mV. The values of the oxidation (I  $_{pa}$ ), reduction (I  $_{pc}$ ) peak currents, and the I  $_{pc}$   $/_{pa}$  ratios were also examined; as shown in Table 1.



SEM=scanning electron microscopy, SPAuE=screen-printed gold electrode, PB=Prussian blue, AuNPs-PB/SPAuE=gold-nanoparticles-Prussian blue modified screen-printed gold electrode

Figure 3 SEM images of the modified SPAuE: (a)PB/SPAuE, and (b)AuNPs-PB/SPAuE



SPAuE=screen-printed gold electrode, PB/SPAuE=Prussian blue modified screen-printed gold electrode, AuNPs-PB/SPAuE=gold-nanoparticles-Prussian blue modified screen-printed gold electrode, V=voltage, Ag/AgCl=silver/silver-chloride

**Figure 4** Cyclic voltammograms of SPAuE modification with PB films and AuNPs-PB films in 100 mmol L<sup>-1</sup> PBS, pH 7.0 containing 50 mmol L<sup>-1</sup> KCl, at a scan rate of 50 mV s<sup>-1</sup>

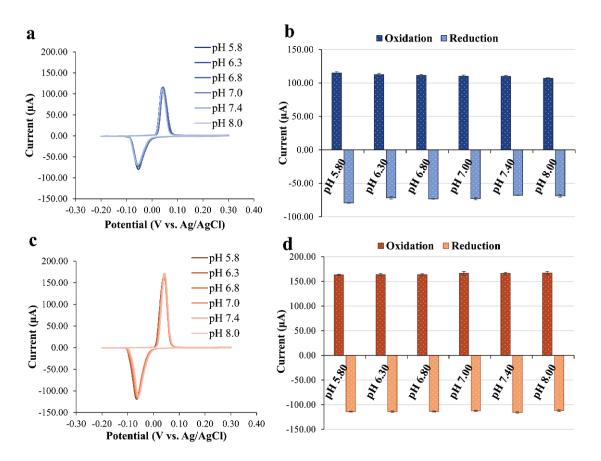
**Table 1** Values of I<sub>pa</sub>, I<sub>pc</sub>, and I<sub>pc</sub> /<sub>pa</sub> ratio obtained from cyclic voltammograms of the PB∕SPA

Electrodes	I <sub>pa</sub> (μA)	I <sub>pc</sub> (μA)	I /I ratio
PB/SPAuE 1	110.17	-72.96	0.66
AuNPs-PB/SPAuE 2	166.36	-112.42	0.67

PB/SPAuE=Prussian blue modified screen-printed gold electrode AuNPs-PB/SPAuE=gold-nanoparticles-Prussian blue modified screen-printed gold electrode

## The pH effect on the electrochemical behavior of PB film and AuNPs-PB film

The pH effect of PB and AuNPs-PB deposited on SPAuE was investigated in PBS solutions at different pH values, i.e., 5.80, 6.30, 6.80, 7.00, 7.40, and 8.00. Cyclic voltammograms of the PB/SPAuE (Figure 5a) and the AuNPs-PB/SPAuE (Figure 5c) showed no change in the relocation of oxidation and reduction potentials of PB. The redox peak currents obtained from the PB/SPAuE and the



PB/SPAuE=Prussian blue modified screen-printed gold electrode, AuNPs-PB/SPAuE=gold-nanoparticles-Prussian blue modified screen-printed gold electrode, PBS=phosphate buffer solution, KCl=potassium chloride, V=voltage, Ag/AgCl=silver/silver-chloride

**Figure 5** Cyclic voltammograms of (a) PB/SPAuE and (c) AuNPs-PB /SPAuE in 100 mmol L<sup>-1</sup> PBS at various pH from 5.80-8.00, containing 50 mmol L<sup>-1</sup> KCl, at the scan rate of 50 mV s<sup>-1</sup>. The plots of reduction and oxidation current signals were obtained in 100 mmol L<sup>-1</sup> PBS versus pH values at (b) PB/SPAuE, and (d) AuNPs-PB/SPAuE (n=3).

AuNPs-PB/SPAuE at different pH solutions are shown in the bar graph (Figure 5b and Figure 5d, respectively). In the PB/SPAuE, the peak currents at pH 5.80, 6.30, 6.80, 7.00, 7.40, and 8.00 were 114.9±1.8 µA, 112.5±2.2 µA, 111.3±1.5  $\mu A$ , 110.2±1.7  $\mu A$ , 109.8±1.5  $\mu A$ , and 106.97±0.84  $\mu A$ for the oxidation peaks, and  $-79.27\pm0.51~\mu\text{A}, -71.7\pm1.9$  $\mu A$ ,  $-73.2\pm1.7$   $\mu A$ ,  $-73.0\pm1.7$   $\mu A$ ,  $-67.9\pm1.3$   $\mu A$ , and -68.8±1.8 µA for the reduction peaks. The average oxidation and reduction peak currents had a relative standard deviation (RSD) of 2.4% and 5.6%, respectively. At the AuNPs-PB/SPAuE, the redox peak currents were  $163.1\pm1.6~\mu\text{A},~163.6\pm1.0~\mu\text{A},~163.6\pm2.1~\mu\text{A},~166.0\pm1.4~\mu\text{A},$ 166.4 $\pm$ 1.0  $\mu$ A, and 166.9 $\pm$ 1.8  $\mu$ A for the oxidation peaks, and  $-113.96\pm0.92~\mu A$ ,  $-113.9\pm1.4~\mu A$ ,  $-113.7\pm1.1~\mu A$ ,  $-112.4\pm1.1~\mu\text{A}, -115.5\pm1.4~\mu\text{A}, \text{ and } -112.0\pm1.9~\mu\text{A}$  for the reduction peaks. The results showed stable, current signals in all pH solutions with the RSD of oxidation and reduction peak currents being 1.0% and 1.1%, respectively.

### **Discussion**

In this study, it was demonstrated that the AuNPs-PB film deposited on SPAuE could contribute to the improvement of the electrochemical performance of the PB signal. Initially, the optimization study was carried out to determine the optimal conditions in the process of PB electrodeposition. As per the results, at 0.25 mmol L<sup>-1</sup> K<sub>[</sub>[Fe(CN)<sub>]</sub>] and 0.25 mmol L<sup>-1</sup> FeCl<sub>2</sub>, the current response was higher when increasing the number of scans. This is due to the larger electroactive site of PB on the gold electrode surface. Moreover, it was noted that two reduction peaks were observed for every scan (Figure 2a). Similarly, the couple reduction peaks at 0.50 mM  $K_{a}[Fe(CN)_{a}]$ and 0.50 mmol L-1 FeCl (Figure 2b) as well as 1.0 mM  $K_{a}[Fe(CN)_{a}]$  and 1.0 mmol  $L^{-1}$   $FeCl_{a}$  (Figure 2c) were also found at 10 cycles. The electrochemical behavior, showing at a peak at approximately 0.15 V, is most likely massive precipitation of PB occurring in the process of the reduction of Fe<sup>3+</sup> to Fe<sup>2+</sup>, as was discussed in Isfahani *et al.*, 2019.<sup>25</sup> The mentioned mechanism is probably due to the reaction of the (Fe(III) [Fe(III)(CN)<sub>6</sub>]) complex with the conductive material; as shown in reaction (2) and (3). However, the behavior for the concentrations of 0.50 and 1.0 mmol L<sup>-1</sup> at 20 and 30 scan cycles disappeared. This could indicate that electrodeposited PB films might be stable under these conditions. Generally, the redox peaks obtained from a PB transformation to Prussian white are also shown according to the reaction (4):

$$Fe^{3+}+[Fe(III)(CN)_{6}]^{3-} \rightleftharpoons Fe(III)[Fe(III)(CN)_{6}]$$
 (2)

$$3Fe(III)[Fe(III)(CN)_{e}] + Fe^{3+} + 3e^{-} + Fe(III)_{4}[Fe(II)(CN)_{e}]_{3}$$
 (3)

$$Fe(II)_{4}[Fe(II)(CN)_{6}]_{3} \stackrel{\checkmark}{\Longrightarrow} K_{4}Fe(II)_{4}[Fe(II)(CN)_{6}]_{3}$$
(4)
(Prussian blue) (Prussian white)

In addition, at 0.50 mmol L-1 (Figure 2b) and 1.0 mmol  $L^{-1}$  (Figure 2c) of both  $K_{a}[Fe(CN)_{a}]$  and  $FeCl_{a}$ exhibited similar PB signals, for which the maximum current response was at 20 scan cycles. At 0.50 mmol, L<sup>-1</sup> for 20 scans showed a higher current response than at 1.0 mmol L-1. This might be because PB forming when using the higher concentrations (at 1.0 mmol L-1 K [Fe(CN)] and FeCl<sub>2</sub>) could affect and hinder the electron transfer. This lead to a slight decrease in the current response and the broader expanse between the oxidation and reduction peak as compared to that of at 0.50 mmol L<sup>-1</sup> for 20 scans. At 10 scans, the current signal had the lowest response, because the amount of the electroactive site of PB might not be sufficient to cover the whole electrode surface. On the other hand, at 30 scans, in cases of 0.50 mmol L<sup>-1</sup> and 1.0 mmol L<sup>-1</sup>, it showed a decrease in current response and wide peak-to-peak separations of 428 mV and 450 mV, respectively. This indicates that at 30 scans of both, it exhibited hinder reversible electron-transfer to the electrode surface when compared with at 10 and 20 scans of their concentration. This is because the PB layer may have an excessive amount of PB; thus, blocking the electron transfer. This leads to a decrease in current response, and has

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wider displacement between the oxidation and reduction peak potentials. The surface coverages  $(\Gamma)$  at varying concentrations of  $K_3[Fe(CN)_{\varrho}]$  and  $FeCl_3$  versus the number of scan cycles (Figure 2d) revealed that the  $\Gamma$  values of 0.25 mmol L<sup>-1</sup> was higher with an increase in the number of electrodeposited scan cycles. This was due to the larger amounts of PB electroactive areas on the gold electrode surface; whereas, the highest  $\Gamma$  values of at 0.50 mmol L<sup>-1</sup> and 1.0 mmol L<sup>-1</sup> were found at 20 scan cycles. The amount of PB might not be adequate at 10 scans and might be excessive at 30 scans, leading to the decrease of their  $\Gamma$ value. However, at 0.50 mmol L<sup>-1</sup> with 20 electrodeposited scan cycles provided the greatest  $\Gamma$  values; indicating the highest PB electroactive areas. Therefore, 0.50 mmol L<sup>-1</sup> of both  $K_{3}[Fe(CN)_{2}]$  and  $FeCl_{3}$  with 20 electrodeposited scan cycles was the optimal condition in this study. This is because it exhibited the highest current response, and the highest PB electroactive areas.

It was found that the integrated AuNPs with the PB film could contribute to a greater PB signal, because the current response obtained from the AuNPs-PB/SPAuE was higher than the PB/SPAuE. It can explain that the AuNPs could provide high conductivity and a large surface area, leading to the enhancement of the electron transfer rate of the PB signal. The PB redox reaction on both modified SPAuE surfaces showed electrochemical behaviors called quasi-reversible reaction. This is because the I  $\Lambda$  paratio was less than 1, and their  $\Lambda$ Ep were greater than 59 mV, as per the theoretical value for reversible reaction. Although, the electrochemical behaviors at the PB/SPAuE and the AuNPs-PB/SPAuE showed similar properties, the presence of AuNPs with the PB film provided an enhancement of the PB signal.

For electrochemical stability tests, cyclic voltammograms of the PB/SPAuE and the AuNPs-PB/SPAuE revealed no significant change in the relocation of oxidation and reduction potentials of PB. Although, the results could confirm the positional invariability of PB redox signals in various pH solutions, it is noted that the redox signals gradually decreased with higher pH solutions for the PB/ SPAuE. This led to greater RSD of the average oxidation and reduction peak currents of 2.41% and 5.61%, respectively. This is because hydroxyl ions in higher pH solutions could break the Fe-CN-Fe bond of the PB film.<sup>27</sup> Meanwhile, the results showed stable, current signals in all pH solutions for the AuNPs-PB/SPAuE, with the RSD of oxidation and reduction peak currents being 1.03% and 1.11%, respectively. This could confirm that AuNPs embedded in PB film could contribute to the stability of the AuNPs-PB film. This is probably due to the stronger adsorption of PB, i.e. positively charged AuNPs can electrostatically attract negatively charged [Fe(CN)<sub>2</sub>]<sup>3-/4-</sup> during the PB formation on the gold electrode surface. This promotes better PB coating, which increases the stability of the PB film. Thus, it indicated that the AuNPs-PB/SPAuE exhibited excellent electrochemical stability, even after several electrochemical cycles at different pH values.

### Conclusion

This study developed an AuNPs-PB modified SPAuE, using the electrodeposition technique via cyclic voltammetry. The optimal condition at a concentration of 0.50 mmol L<sup>-1</sup> K<sub>3</sub>[Fe(CN)<sub>6</sub>] and FeCl<sub>3</sub>, and the number of scans at 20 cycles was applied to fabricate the AuNPs-PB film during the electrodeposition process. The surface morphologies and the electrochemical performance of the AuNPs-PB/SPAuE was evaluated in comparison with a PB modified SPAuE without AuNPs. The AuNPs-PB/SPAuE exhibited higher PB redox signals, with a well-defined quasi-reversible reaction. The stability of AuNPs-PB/SPAuEs were tested in PBS, with various pH from 5.80 to 8.00. The presence of AuNPs in PB films not only enhances the redox signal of PB, but also improves the electrochemical stability in solutions with various pH. The AuNPs-PB/SPAuE offers great potential for

the stability of PB-based electrochemical biosensors as an attractive alternative for use in medical biosensors, including immunosensors for detection of breast cancer biomarkers and cardiac biomarkers.

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#### Conflict of interest

There are no potential conflicts of interest to declare.

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